

- I, ......hereby certify that,
  - 1. I have read the rules and regulations of Kackar Ultra Trail.
  - 2. I am aware of the difficulty of the event and the personal risks that I undertake, such as injury.
  - 3. I have the necessary training and experience to run the course.
  - 4. I do not use doping substances.
  - 5. During the race:
    - I exempts the organizers from any liability, whether civil or criminal,
      for damage to persons and/or property caused by or to me,
    - I will carry the mandatory equipment with me all the time and allow them to be checked at any time by the organization,
    - I will not object and obey the decisions given by the medical teams and the organization,
    - I will not leave alone and help a participant in difficulty,
    - I will respect the natural environment and will not harm the natural habitat.

Date and signature

Name and phone number of a contact person in case of emergency:

Do you have allergy or any other recurring illness? If yes, please indicate: